



# SunUte Presents: Spring into Motion

A Walking/Running 5-Week  
Challenge

May 8<sup>th</sup>-June 17<sup>th</sup>

**Open to ALL Members of SunUte &  
SUIT Employees**

Prizes for Top  
Individual and 1<sup>st</sup> Place  
Team!

Competitive and Open  
Categories.

Train with us! Enter a  
local ½ Marathon and  
let's run together!

Vallecito Half 5/13  
Steamworks Half 6/10  
Thirsty 13 8/26

**GOAL:** Complete the most miles in the 5-weeks as a 5-person team. Run, Walk, Hike, use the Elliptical or Arc Trainer to accumulate miles!

\*Miles completed using a bicycle will not count towards overall mileage\*

- Can be completed indoors or outside!
- All miles will be tracked on shared excel spreadsheet.
- No miles will be logged on Sunday's!! Rest days are important.
- Sign-up at trainer's desk or use QR code below by 5/7 with names of 5 participants and a team name!
- Must sign liability waiver before participating in challenge.

**For more information, contact Eliyah at (970)563-2658**

**Sign-up now!!!**

