



May 2023



	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	
	6:15-7am	6:30-7am	6:30-7am	6:15am-7am	6:30-7am	
8:30am	8:30-9:30am	8:30-9am	8:30-9:30am	8:30-9am	8:30-9:30am 	
9am	9:05-10:05am	9am-9:30am	9:05-10:05am	9:05-9:50am	9:05-10:05am	
10am	10:15-11:15am	10-11:15am			10:15am-11:15am	
12:10pm	12:10-12:50pm	12:10-12:50pm 	12:10-12:50pm	12:10-12:45pm	12:10-12:50pm 	
5:30pm	5:30-6:30pm		5:30-6pm			
6:10pm			6-6:50pm			Sunday, May 14th

-May Schedule Changes-

BodyStep on Monday mornings has been removed.

Tuesday and Thursday evening classes have been removed for the month.

BodyPump on Monday evenings will start @ 5:30pm!!!!

Active Kid Care Hours

Monday- Fridays- 8:30am-11:30am

Monday-Wednesday 5-7pm

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