



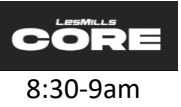








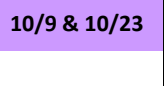








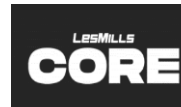



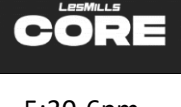
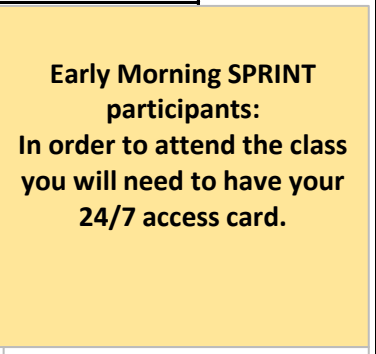





October 2021

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
6:05am			 6:30-7am			
8:30am	 8:30-9am	 8:30-9am	  8:30-9am		8:30-9:30am  8:30-9am	 9:30-10:30am
9am	 9:05-10am	 9am-9:30am	 9:05-10am		 9:05-9:50am	 10/9 & 10/23
10am		 10-11:15am			 10am-11am	 9:30-10am 10/2-10/16 & 10/30
12:10pm	 12:10-12:50pm	  *12:10-12:50pm	 12:10-12:50pm	 12:10-12:50pm	 12:10-12:50pm	
5:30pm	 5:30-6pm	 5:30-6:30pm	 5:15-6pm	 5:30-6pm		
6:10pm	 6:10-7pm		 6:10-7pm	 6:10-6:40pm		

Monthly Reminders:

*Tuesday 12:10pm-classes rotate, Bodystep 10/5 & 10/19 and BodyCombat 10/12 & 10/26

Monday, Oct 11th- Friday, Oct. 15th we will be launching all new music and choreography in all our LesMills classes.

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