






























July 2021

Water Fitness classes start Tuesday, July 6th

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
6:05am						
8:30am	 8:30-9am	8:30-9:30am 	 8:30-9am		8:30-9:30am 	
9am	 9:05-9:40am	 9am-9:30am	 9:05-9:40am	  * 9-9:30am	 9:05-9:40am	
10am		 10-11am	 9:45-10:30am	 10-10:45am	 9:45-10:30am	
				No Zumba 7/15		
12:10pm	 12:10-12:50pm	  *12:10-12:50pm	 12:10-12:50pm	  *12:10-12:50pm	<p align="center">No Classes Monday, July 5th</p> <p align="center">Present your vaccination card to the front desk and go maskless throughout the facility!</p>	
5:30pm		 5:30-6:15pm	  5:30-6:30pm	 5:30-6pm		
6:00pm			5:30-6pm			
6:10pm	 6:10-6:50pm		 6:10-6:50pm	 6:10-6:40pm		

Reminders:

All classes are open to the community starting Tuesday, July 6th.

*Tuesday 12:10pm classes rotate, BodyCombat- 7/6 & 7/20, Bodystep 7/13 & 7/27

*Thursday 8:30am classes rotate, RPM-7/1,7/15 & 7/29, SPRINT 7/8 & 7/22

*Thursday 12:10pm classes rotate, SPRINT 7/1,7/15 & 7/29, BodyStep 7/8 & 7/22

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