

February

Group Exercise

NO CLASSES on Monday, February 20th in honor of Presidents Day.

	Mon	Tue	Wed	Thu	Fri	Sat
6:15 a.m.		6:15-7:15 a.m. BodyFlow		6:15-7:15 a.m. BodyFlow		
7:30 a.m. 8:30 a.m.	8:30-11:15 a.m. Active Kid Care*	8:30-11:15 a.m. Active Kid Care*	8:30-11:15 a.m. Active Kid Care*	8:30-11:15 a.m. Active Kid Care*	8:30-11:15 a.m. Active Kid Care*	
	8:30-9:30 a.m. Water Grooves		8:30-9:30 a.m. Water Grooves		8:30-9:30 a.m. Water Grooves	
	8:30-9:00a.m. BodyStep		8:30-9:00a.m. BodyCombat	8:00-8:55 a.m. BodyFlow	8:30-9:00a.m. BodyStep	
9:00 a.m.	9:05-10:05 a.m. BodyPump	9:05-10:05a.m. BodyCombat 2/7 & 2/21 BodyStep 2/14 & 2/28	9:05-10:05 a.m. BodyPump	9:00-10:00a.m. Zumba	9:05-10:05 a.m. BodyPump	
10:15 a.m.	10:15-11:15a.m. BodyFlow	10:15-11:15a.m. BodyFlow	10:15-11:15a.m. BodyFlow		10:15-11:15a.m. BodyFlow	
12:10 a.m.	12:10-12:50p.m. BodyPump Express	12:10-12:50p.m. Step'n'Tone	12:10-12:50p.m. BodyPump Express	12:10-12:50p.m. BodyCombat	12:10-12:50p.m. BodyFlow	
5:10 p.m. & 5:15 p.m.	5:10-7:30p.m. Active Kid Care *	5:10-7:30p.m. Active Kid Care *	5:10-7:30p.m. Active Kid Care *			
	5:15-6:00pm Zumba	5:15-6:15pm BodyCombat	5:15-6:00pm Zumba			
6:00 p.m.	6:05-7:05p.m. BodyPump	6:20-7:20p.m. BodyFlow	6:05-7:05p.m. BodyPump			

**All classes are included with membership or the daily fee with the exception of Active Kid Care. Active Kid Care is SunUte's healthy alternative to child care. The cost is \$1.50 for each child per visit. Your child must be 7 years of age or younger to participate. Parents are not allowed to leave the building during this time. Thank you and enjoy.*



Right In Your Backyard.

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